

Contact Us..



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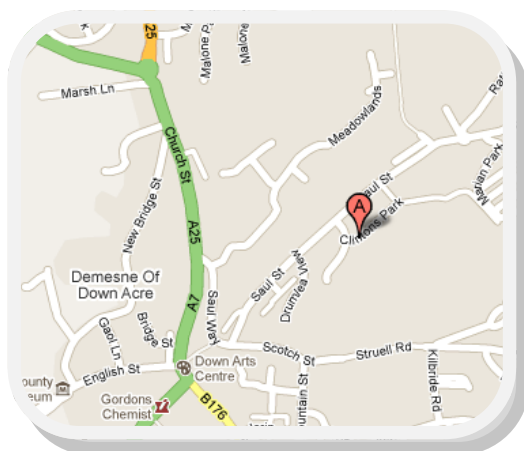


Mr. Barry Fettes

Principal

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A Taste of Ardmores



**Pupil Support
Centre**

About Us



Opened in 1967, Ardmore House is an inter-denominational special school catering for boys and girls at Key Stage 3 from all over the South Eastern Board area who are experiencing emotional and/ or behavioural difficulties.

Our school motto is “Help, care, support,” and this reflects the ethos of the school as we help the young person address important difficulties at this very important stage of their life.

The support unit was established in November 2011 to cater for those pupils with SEBD where reintegration to a mainstream school is not yet appropriate.

After an initial induction period, staff, parents/guardian and pupil work through a “Pupil-centered review” and agree a suitable provision to best meet the identified social, emotional, behavioural and learning needs. This provision is reviewed every term.

What We Do

At Ardmore, our curriculum includes range of exciting and innovative projects which foster good relationships, develop inter and Intra-personal skills, boost self-esteem and make learning fun.

Our personal development programme is tailored to meet the needs of each individual pupil and may include a combination of the following:

- Individual fitness plan
- Art Therapy
- Music
- Drama
- Paired Reading
- Exploring our local environment
- Home Economics
- Volunteering
- Life Skills
- Gardening
- Play therapy

Our in-house adventure programme enables pupils to experience the outdoors, build physical stamina and train them in various lifeskills: planning abilities, teamwork, confronting stress situations and assuming personal responsibility.

Individual Help

Mentoring

Each pupil has a mentor in school, a member of staff who is assigned to help and support them. Pupil and mentor meet weekly to discuss progress and agree a behaviour plan .

Emotional Wellbeing

With the help of their mentor, each pupil works through tailored anger management and emotional literacy programmes.

Help to stop smoking

We work closely with The Ulster Cancer Foundation: two of our staff are trained smoking cessation officers who provide a specialist stop smoking service on a weekly basis.

ASIST

In partnership with the local health trust , all full time staff have received ASIST suicide intervention training.

Behaviour Analysis

The AIMS Database provides a means to accurately record, analyse and report on individual/group behaviour and target progress. It forms the basis of our reintegration package which accompanies the pupil when they return to their mainstream school.